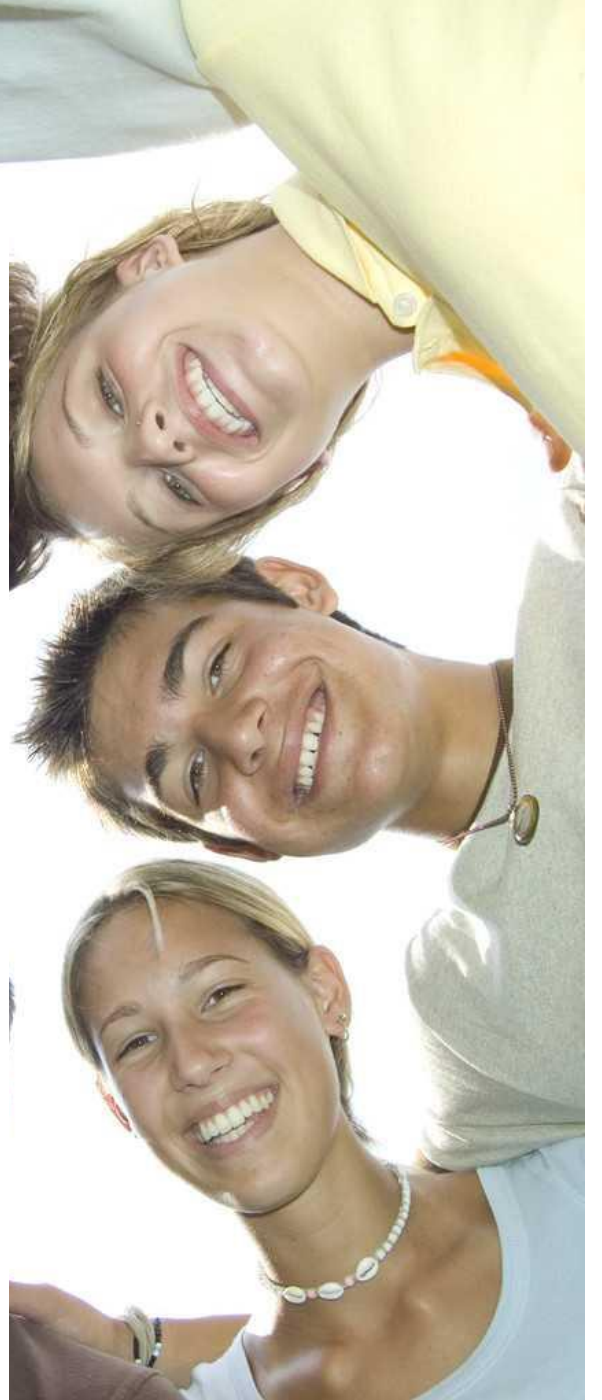


Heads Up

Mental Health Fund 2020

Preliminary Report



SEPTEMBER 2020

Young Camden Foundation

**YOUNG
CAMDEN
FOUNDATION**

Heads Up Mental Health Fund

In June 2020, Young Camden Foundation (YCF) launched the Heads Up Mental Health Fund as a direct response to the needs expressed by its members in a survey conducted at the start of Covid-19 lockdown.

The fund's main aim is to tackle the emerging need to support the mental wellbeing of beneficiaries and staff in the youth sector in Camden.

A total of **£60,500** was available for this fund, which was made possible due to the invaluable support from the following organisations.

Donors
Shaftesbury PLC
Paul Hamlyn
Camden Council
Derwent London
YCF Public Donations
Total Contributions £60,500

Publicity

YCF published the grants in its newsletter which has **250** subscribers.

Heads Up was also promoted through other local newsletters such as the VAC weekly newsletter, Camden Council's community team newsletter and Funding Central the NCVO's funding news with a national reach.

Applications and beneficiaries

YCF received applications from 12 different local charities, and a total of £50,598 was requested.

*Through a panel of experts and local community representatives, YCF awarded a total of **£43,563** to 11 local charities.*

Numbers at a glance	
Total applied for:	50,598
Total approved:	43,563
Number of applications	12
Successful applications:	11
Success rate:	91.7%

437 children and young people in Camden are expected to benefit from this grant.

Type of projects supported

Number and Type of Projects	
Wellbeing online activities (including dance, mentoring, peer to peer support, anxiety relief)	5
Wellbeing with nature	1
Wellbeing with art	1
Staff wellbeing & training (including clinical supervision including special needs)	2
Supporting transitions (from primary to secondary, secondary to college including special needs)	2

List of local charities funded:

Successful Organisation	Age group targeted	Number of young people, children or staff benefiting from this project	Notes
1. FYA (Fitzrovia Youth in Action)	11 to 18	12	
2. Sidings Community Centre	11 to 16	40	
3. Sapphire Foundation	13 to 25	100	
4. The CARAF Centre	11 to 16	12	
5. Heath Hands	13 to 17	150 (thorough out the year) 4 per session.	
6. Elfrida Rathbone	16 to 25	12	Special Needs
7. WacArts	13 to 25	20	
8. I Can Dance	5 to 25	6 Directly (80 indirectly)	Special Needs/Staff & YP
9. KTCC (Kentish Town Community Centre)	11 to 16	20	Staff and YP
10. NW5 Play Project	10 to 18	50	
11. Unity Works	18 to 30	15	
Total number of children and young people:		437	