

Heads Up Mental Health Fund

Round 2 Preliminary Report



**YOUNG
CAMDEN
FOUNDATION**

March 2021

Introduction

In June 2020, Young Camden Foundation (YCF) launched the Heads Up Mental Health Fund as a direct response to the needs expressed by YCF's members in a survey conducted at the start of Covid-19 lockdown.

The fund's main aim is to tackle the emerging need and to support the mental wellbeing of children, young people, and staff in the children and youth sector in Camden.

YCF has distributed a total of **£91,141** in two rounds. In 2020 Heads Up Mental Health Fund distributed £43,563 to 11 local charities.

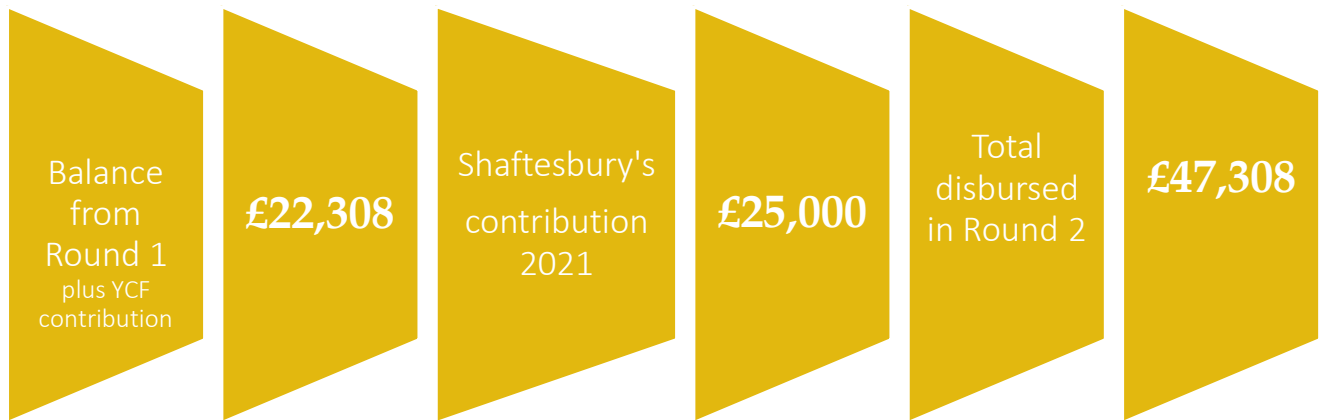
In December 2020 Young Camden Foundation launched a second round of the Heads Up Mental Health Fund to continue to respond to the need caused by the subsequent lock-downs.

Young Camden Foundation, with a generous donation from Shaftesbury, distributed **£47,308** to 12 local charities potentially benefiting more than 600 children and young people and at least 20 staff.

This fund was only possible thanks to the generous donations from Shaftesbury, Paul Hamlyn, Camden Council, Derwent London and YCF's public donations.



Numbers at a glance:



Mental Health Fund Round 2	
Total applied for:	£61,939
Total approved:	£47,308
Number of applications	15
Successful applications:	12
Success rate:	80%

642 children and young people and **20** staff and volunteers in Camden are expected to benefit from this grants programme.



List of local charities funded by HUMHF Round 2:

	Organisation	Brief Project Description	Approximate number of beneficiaries	
			Girls	Boys
1	Pro Touch SA CIC	The project will provide young people and youth professionals with mental health awareness education. Through tailored lessons. Some participants will have special educational needs (SEN).	15	15
2	The CARAF Centre	This project will involve the delivery of online support for children to promote their mental health and well-being.	18	12
3	Urban Outdoors	Wild Times' provides children the opportunity to take part in a forest school inspired nature based educational program for Camden Square Play Centre.	70	80
4	The Sapphire Foundation	The Sapphire Well Being Academy will offer mentoring and counselling Support This project will include a Counselling Hotline run by trained staff.	50	50
5	Let me Know	This project will deliver workshops to raise awareness of relationship abuse. Using film and guided discussions, young people will discuss healthy and unhealthy behavior in relationships.	37	38
6	Fitzrovia Youth in Action (FYA)	FYA will run weekly online peer-support on mental health, and wellbeing sessions working with young people.	7	5
7	The Winch	This grant will enable Organisers to train in trauma-informed practice facilitation while further developing their peer-to-peer mental health support.	31	27
8	Khulisa	Emotional wellbeing programmes for young people and training professionals in trauma-informed approaches. This project is aimed at 'high risk' young people -in danger of exclusion, crime, youth violence.	7	25
9	Brandon Centre	Provide therapeutic support + coping skills for young people waiting for counselling. 120 additional sessions for Young People by trained staff. Emphasis on BAME young people.	10	10
10	Kentish Town City Farm	Project allows full access to farm life: connect w/ animals, build confidence, physical benefits (Eco Therapy). YP referred through local authority + community partners will attend these sessions.	8	8
11	Wac Arts	Project to provide positive experiences for young people, which will support creativity, connectivity + wellbeing. Emphasis on SEN young people.	25	50
12	Kings Cross Brunswick Neighbourhood Association (KCBNA)	This project will equip staff with the knowledge to respond to young people's mental health needs. Emphasis on Bangladeshi communities.	22	22
Total number of beneficiaries (approx.)			300	342

With thanks to all sponsors

Shaftesbury



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