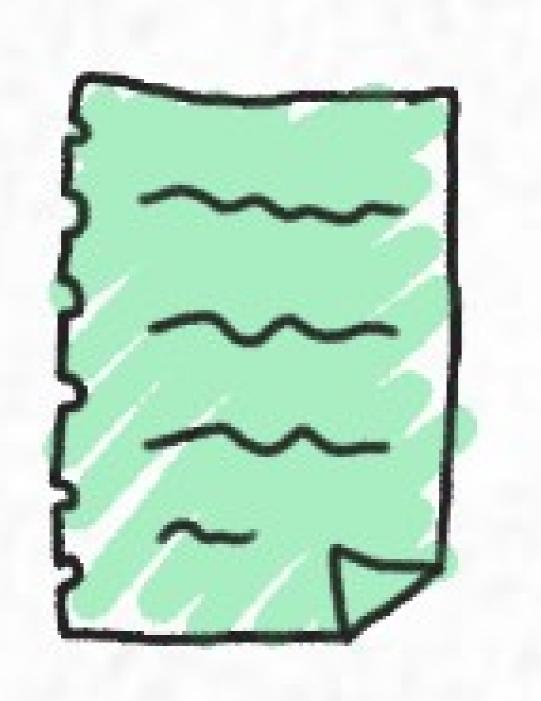
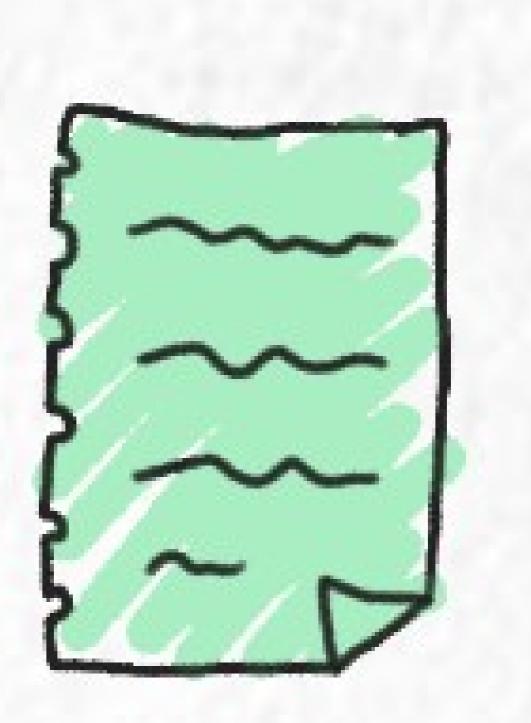
#### YOUNG CAMDEN FOUNDATION



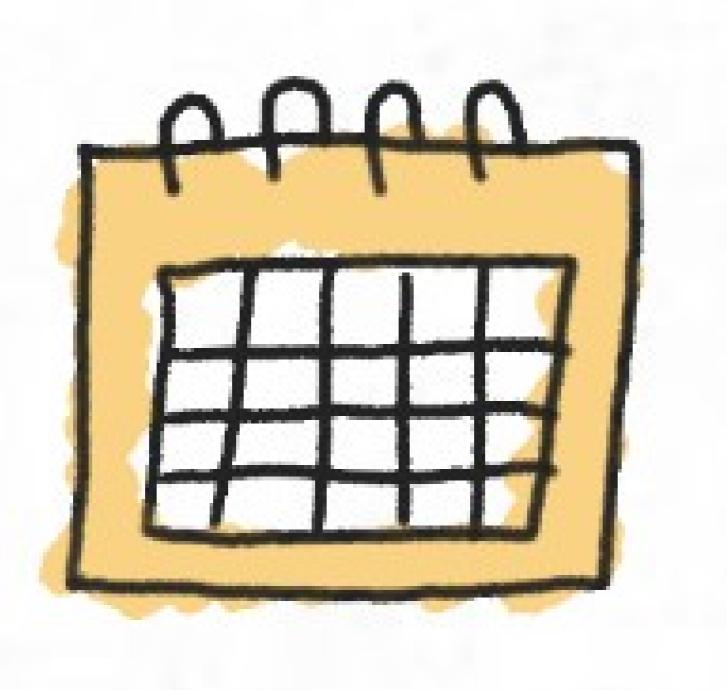
## PRINCIPLES OF CAMDEN HAF PROGRAMME





#### HEALTHY MEALS

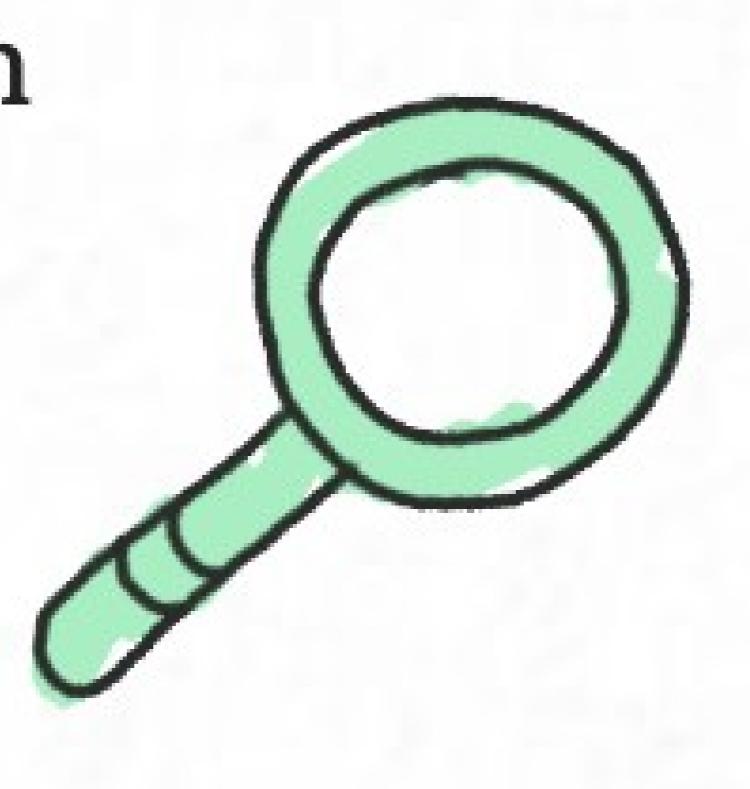
Holiday clubs must provide at least one healthy meal a day and must meet the School Food Standards throughout the day.



# 2

### ENRICHING ACTIVITES

Holiday clubs must provide fun and enriching activities that provide children with opportunities to develop or consolidate skills or knowledge.

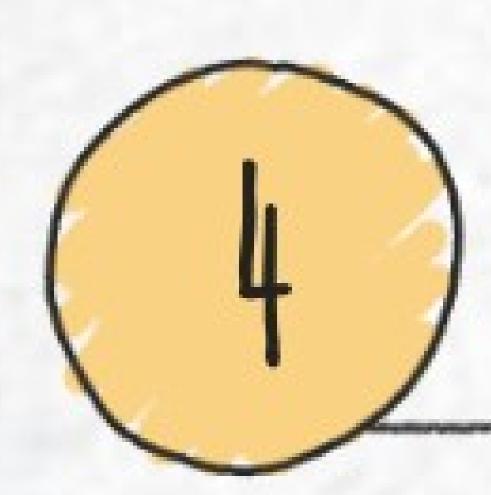




#### PHYSICAL ACTIVITIES

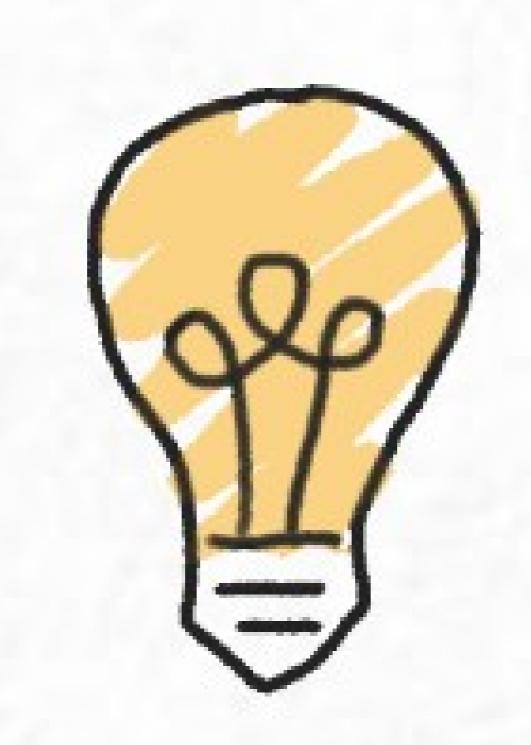
Holiday clubs must offer activities that meet
Physical Activity
Guidelines on a daily basis.





#### NUTRITIONAL EDUCATION

Holiday clubs must improve children's knowledge and awareness of healthy eating.





#### SIGNPOSTING

Holiday clubs must be able to provide information, signposting or referrals to other services that would benefit the children who attend their provision and their families.





### POLICIES AND PROCEDURES

Holiday clubs must be able to demonstrate and explain their safeguarding arrangements and have relevant and appropriate policies and procedures in place.

