

YOUNG CAMDEN FOUNDATION

SUMMER OPPORTUNITIES FUND 2019



CHIEF EXECUTIVE STATEMENT

'Every child has the right to relax, play and take part in cultural and artistic activities'

(Article 31, The United Nations Convention on the Rights of the Child, 1989)

The Summer Opportunities Fund was set up by YCF in 2017 to provide children and young people in Camden with more opportunities to have fun. We were pleased to have launched Summer Opportunities Fund 2019 (SOF 2019) because we know that play has proven value for children's physical, emotional and psychological wellbeing.

Through SOF 2019 we supported 9 projects and summer activities that enabled over 570 children and young people to take part in new and exciting activities. Through the Fund children and young people got active; made new friends; grew in confidence; tried something new; and above all, had fun in a safe and supportive environment.

As the Chief Executive of a Youth organisation it is probably unsurprising that I would highlight the benefits of summer activities for children and young people. But organised summer activities can also benefit parents and communities. Parents can feel more secure knowing that their children are happy, safe, and enjoying themselves. Buildings and facilities used by play and youth services are frequently seen as a focal point for communities. They provide opportunities for social interaction for the wider community and supports the development of a greater sense of community spirit, promoting social cohesion.

I'm pleased to share with you our SOF 2019 impact report which provides a summary of the projects we supported. This report also highlights the impact that these projects have had on the young people who participated. I would like to say a big thank you to all the organisations that delivered their summer activities through our Fund.

YCF will continue to promote summer activities for children and young people, so if you would like to support our Summer Opportunities Fund please contact info@youngcamdenfoundation.org.uk.



Keith Morgan, Chief Executive Officer

ABOUT

The Summer Opportunities Fund was designed to enable organisations to deliver fun, new and accessible activities for children and young people during the summer break.

Young Camden Foundation (YCF) opened its second round of the Summer Opportunities Fund in April 2019

On behalf of YCF, a panel comprised of young people, youth organisations and business partners awarded grants of up to £5,000. Grants went to voluntary organisations in Camden planning to deliver summer activities for local children and young people.

Voluntary organisations were encouraged to develop and deliver projects that would achieve the following outcomes:

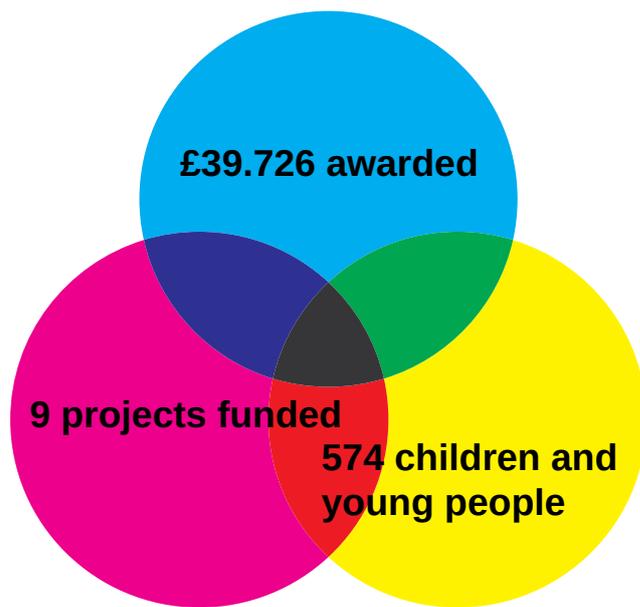
1. Children and young people will have increased confidence
2. Children and young people will have access to new activities and opportunities
3. Organisations will have worked in partnership to deliver their activities



AWARDS

YCF awarded a total of £39,726 to 9 local organisations, including one consortium made up of 6 organisations. Organisations ran a variety of projects as described below including outdoor, centre based an arts and crafts activities.

574 Young People aged between 5-25 years benefited from these projects.



| Organisation | Project Details |
|--|---|
| <p>Samuel Lithgow Youth Centre</p> | <p>The delivery of the Holiday Programme over the summer enabled over 100 disadvantaged children and young people to stay safe and develop life skills which will help them develop and achieve their full potential as individuals. The programme focused on early intervention and nurturing life-long skills with aims to improve children and young people's social, life and communication skills. Physical health was improved through offering a variety of sports and activities such as football, basketball, ice skating, martial arts and trampolining, which has also raised young people's confidence and self-esteem.</p> |
| <p>NW5 Community Play Project</p> | <p>Four week Summer Activities Project with a focus on the area of Peckwater, Kenbrook and Torriano and local flats and streets. Engaging young people from less affluent social economic groups or not in education, offering them the opportunity to take part in activities that would not ordinarily be available to them such as trips, residential and events planned and organised by the participants.</p> |
| <p>KCBNA</p> | <p>The 6 weeks programme offered young people the opportunity to take part in fun recreational activities as well achieving accredited outcomes. Most importantly it gave young people a positive alternative to negative influences around them. Young people participated on first aid training attaining a qualification.</p> <ul style="list-style-type: none"> • 34 young people gained accredited outcome • 10 Young People gained their Emergency First Aid Level 2 Award • 12 Young People gained their Level 1 in Food Safety • 12 Young People gained their CBT license |
| <p>Hampstead Community Centre</p> | <p>Mixed Ability Holiday Play Scheme including 4 special water sports trips including, kayaking and a canal trip. 52 Children aged 5-12 benefited from this project.</p> |
| <p>Maiden Lane Community Centre</p> | <p>MLCC recruited 10 teenagers from the local streets. The 10 to Teen summer programme included music making and song writing, arts/crafts, sports, cooking, discussions, trips and a residential at Hindleap Warren. The project also provided one off-site trip each week.</p> |
| <p>PACE</p> | <p>Transitions Project, including cooking & sport activities. This included outings to parks for the children to be in touch with nature and learn about it. 9 Children aged 5-12 benefited from this project.</p> |
| <p>YES Outdoors</p> | <p>Bicycle Maintenance Project - the project worked in partnership with Achland Burghley Secondary School and Queen's Crescent Youth Centre.</p> |
| <p>Pan Intercultural Arts</p> | <p>Theatre and leadership programme for young people including personal development workshops such as emotional resilience. In partnership with LEAP Confronting Conflict.</p> |
| <p>South Camden Together</p> | <p>Entrepreneurial project where young people had to design and set up their own lemonade stall. This allowed young people to acquire lifelong skills such as budgeting, marketing, planning and project management.</p> |

WHAT PEOPLE SAID



Maiden Lane Community Centre-
Teen summer programme

**"We need more of this in our community and for our children. It's good to know what's on offer and to be able to meet the youth workers."
(Parent)**

**"Their confidence levels have gone up so much since we started working with them"
(Peer facilitator)**



PACE- Young people taking part in challenging activities at Stubbers activity centre .

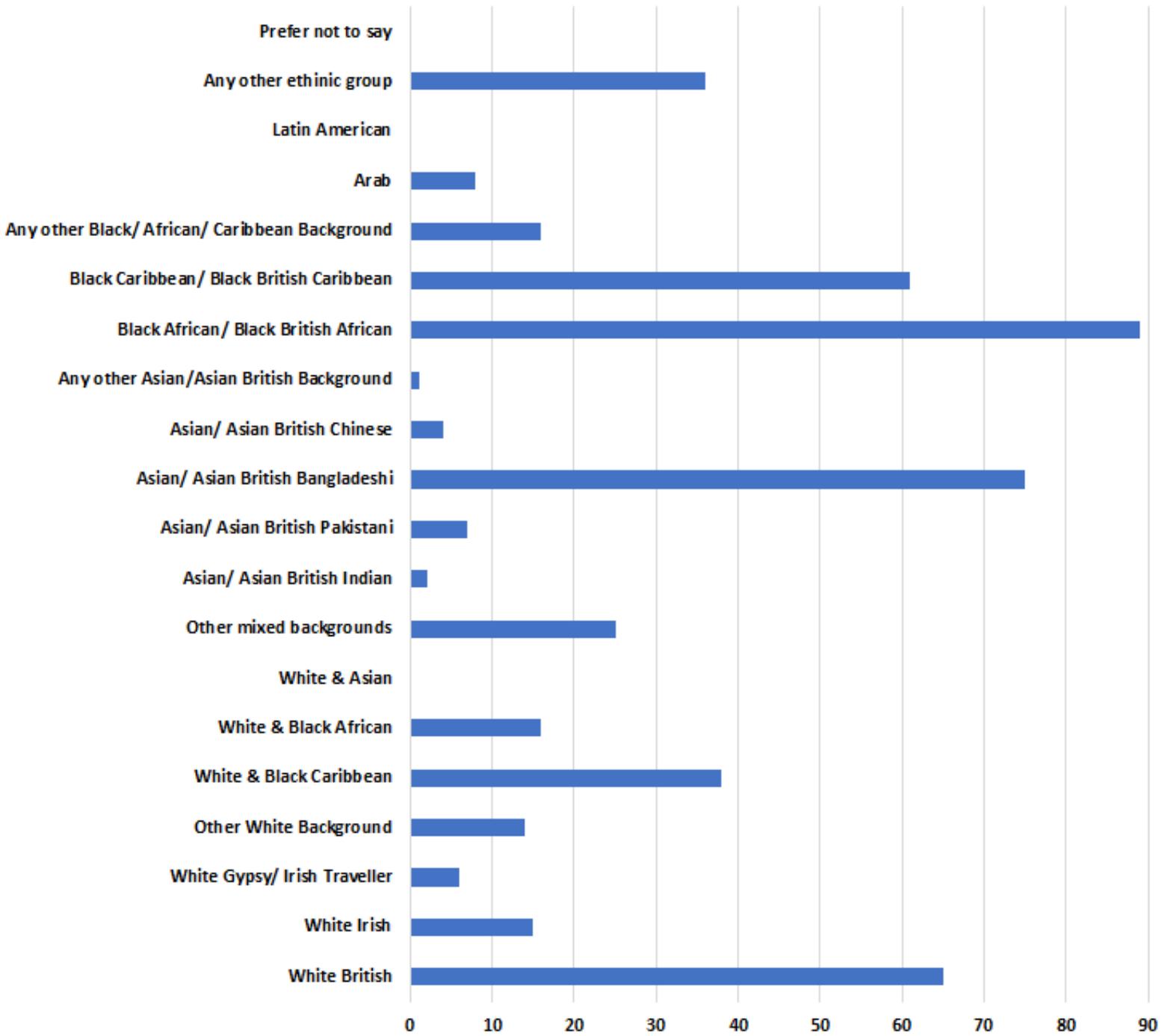


KCBNA- Young people taking their CBT

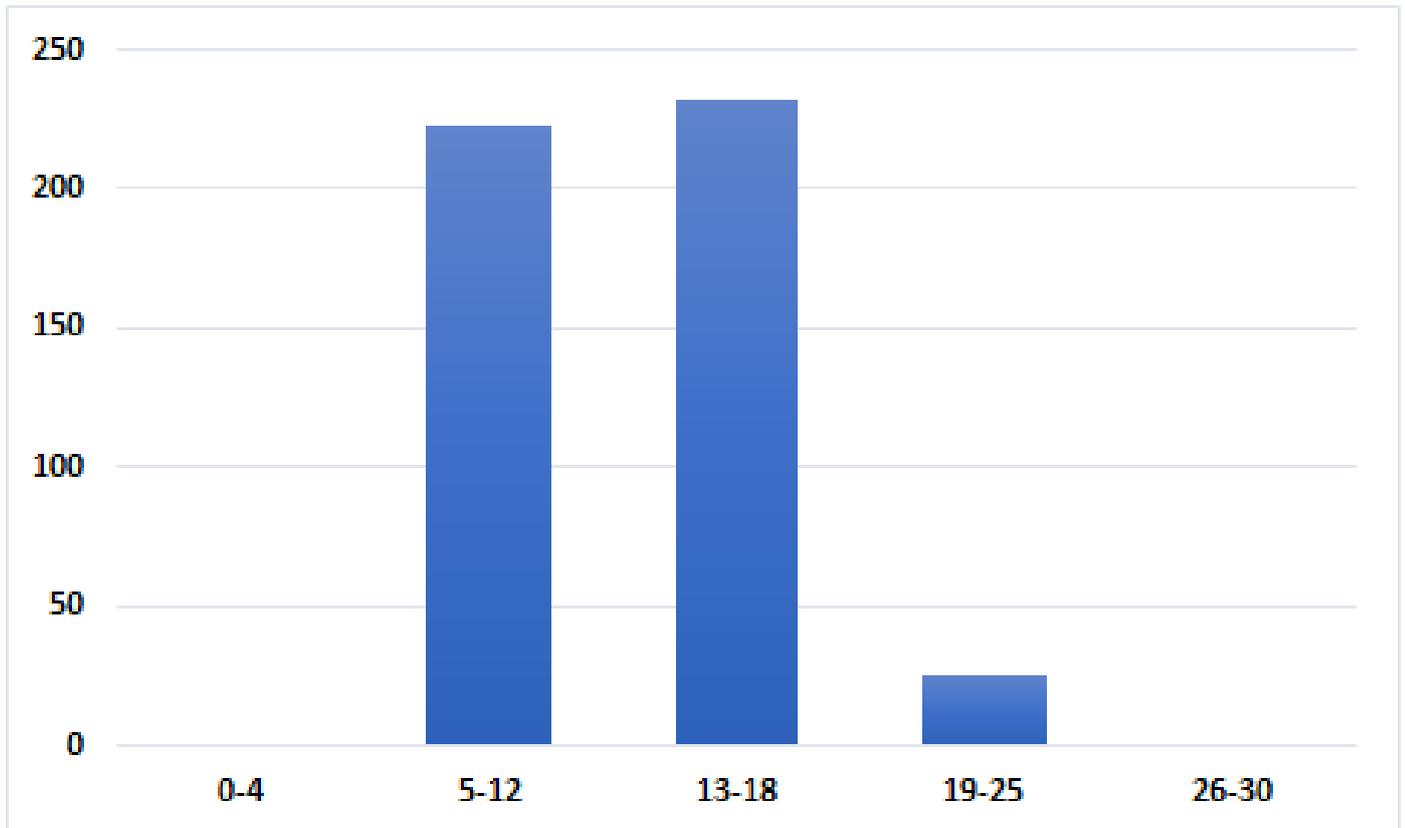
**"It's important to have these open conversations around safety, people are getting killed and we need this to change."
(Young person)**

**"This qualification can help me save a life. I think everyone should do their first aid training – thank you KCBNA"
(Young person)**

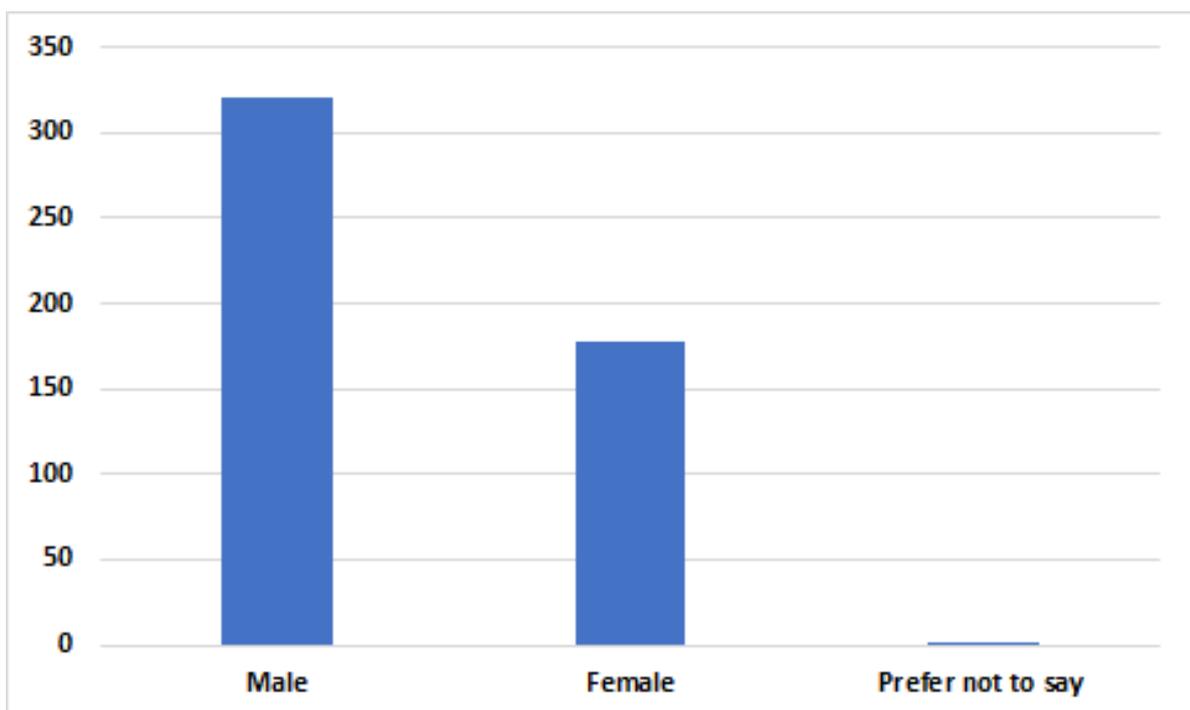
ETHNICITY



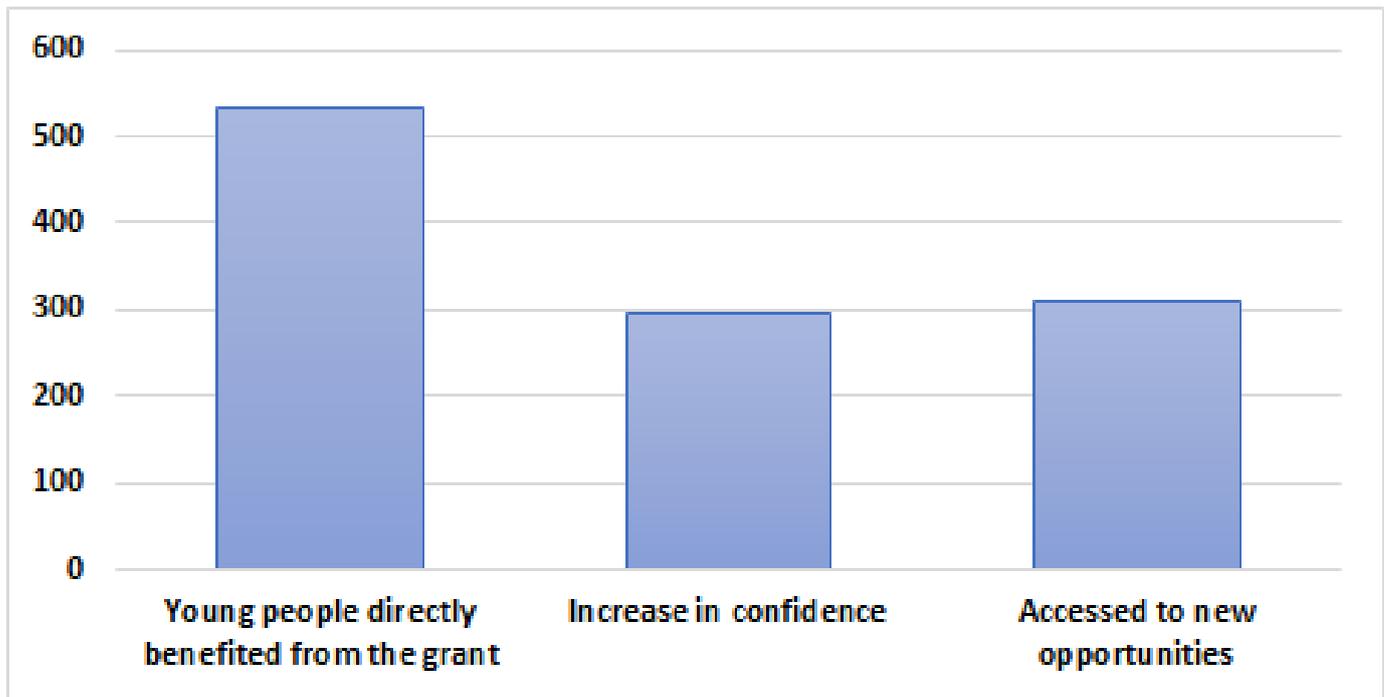
AGE GROUPS



GENDER



OUTCOMES



Case Studies

Case study 1- Maiden Lane Community Centre (MLCC)

The background

Camden Council contacted Maiden Lane's Play Co-Ordinator expressing an interest for structured activities for a young person aged 12 (referred here as YP). Maiden Lane CC offered a home visit and an induction. Inviting the YP to a registration day to meet all the team at Maiden Lane.

When MLCC first met YP they were barely attending school and was coping with difficult family situations. YP was an unregistered young carer looking after her Mum, a recovering alcoholic, and YP was helping care for a younger sibling within the home environment.

Maiden Lane CC offered positive activities

YP was offered a place on Maiden Lane's 10 to Teen Holiday Programme. This provided YP with respite during this difficult time at home. YP got involved in all the activities provided for the 10 to Teen age group.

A big turning point for YP was that MLCC was able to offer activities that YP enjoyed and engaged with on a regular basis, since YP was barely attending school. YP said that the scheme enabled YP to meet new young people and take part in activities that YP hadn't experienced before. YP really stretched herself both physically and mentally by being a carer, the activities provided YP with rest and enjoyment. YP is now registered on MLCC 10 to Teen term time programme.

AS A RESULT OF INTERVENTIONS

- YP made new friends who she is still in contact with
- Good relations were built between YP and members of staff during the project
- YP is now attending Maiden Lane's 10 to Teen Clubs on a regular basis
- YP is re-engaging with education on a regular basis
- YP's family are very happy with YP's progression, and they are pleased that YP is excited about the 10 to Teen programme and is always happy to attend sessions.

Case Study 2-

From Samuel Lithgow Youth Centre

The background

Young person A is a 16 year old (referred to as YP A). Complex family history and was on a Child Protection Plan. YP A's older brother, who is an adult, is heavily involved in offending behavior and linked to criminal activity in the area, such as gang associations.

Samuel Lithgow offers positive activities to young people

YP A is a regular attendee at Samuel Lithgow Youth Centre (SLYC) and has built strong relationships with both the staff and young people. Some of his peers are a negative influence, they are known to be involved with anti-social behavior and drug dealing.

In May 2019, YP A was out with one of his 'friends' from this negative peer group. Whilst they were out, YP A's friend was targeted by a rival gang and stabbed. YP A felt that this was an opportunity to prove loyalty by trying to intervene. Subsequently, this resulted in YP A also being stabbed. YP A was hospitalized for two days. At the time of the incident YP A was studying for GCSE's, YP A was aiming for high grades. As a result of the stabbing YP A was excluded from school, despite being a victim, as school feared for other pupils and staff safety.

Throughout the school exclusion period YP A continued to attend SLYC and confided his fears and concerns around education and home life with staff. Staff offered him additional support and guidance around dealing with his trauma and encouraged him to open his communication with the YP's mother, so she could offer YP A further support. A staff member offered YP A 1-to-1 support around education, training and employment (ETE) options.

AS A RESULT OF INTERVENTIONS

- YP A realised and recognised the negative consequences of gang violence
- YP A re-sat the GCSEs to improve results
- YP A secured a place on a college course
- YP A improved his self-esteem and seemed to develop a more positive outlook for the future.
- The staff commended YP A and celebrated together



Hampstead Community Centre- Kayaking



Samuel Lithgow - Young people Go Karting



KCBNA- First Aid Training



PACE - Trip to Holland park



NW5 Project- Tour of Arsenal stadium



YES Outdoors -Bicycle Maintenance Project



**PAN Intercultural Arts-
Weapon of Choice
Theatre Project**

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www.youngcamdenfoundation.org.uk